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Explanation:

"My heart aches, and a drowsy numbness pains
My sense, as though of hemlock I had drunk,
or emptied some dull opiate to the drains
One minute past, and lethe-wards had sunk"

These opening lines have been taken from the beautiful poem "Ode to a Nightingale" by the great romantic poet John Keats. Through these lines the poet wants to convey us that he heard the sweet tunes of a singing nightingale while he was sitting under a tree in the evening. Its song produced a powerful thrill of joy all over his limbs. The poet's heart began to drown in the flood of joy that overtook his soul & his body. It felt so strongly that thinking of anything was impossible for him. All his senses of perception became charged & loaded with an ecstasy & his mind began to feel drowsy. It felt him strangeness & mysterious world of experience.

Thus there is a sort of straining on the poet's heart which gives a sensation of pain felt by the poet

By

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